



# ***UT MARTIN SKYHAWKS***



## **CROSS COUNTRY/TRACK WALK-ON STANDARDS**

### **WOMEN**

### **MEN**

<b>800M</b>	<b>2:20</b>	<b>800M</b>	<b>1:57.5</b>
<b>1600M</b>	<b>5:20</b>	<b>1600M</b>	<b>4:28</b>
<b>3200M</b>	<b>11:30</b>	<b>3200M</b>	<b>9:45</b>
<b>5K (XC)</b>	<b>19:15</b>	<b>5K (XC)</b>	<b>16:00</b>